

COPING WITH THE LOSSES OF LIFE

TYPES OF PERSONAL LOSS (lesson 1)

INSTRUCTIONS: On the left is a list of the losses of life which are discussed in your course book. On the right there is a response line for each item. Write in a personal example for each kind of loss on the response lines.

Death of a Person _____

Loss of Property (Tangible Loss) _____

Loss of Earning Power (Intangible Loss) _____

Loss of Health (Personal Loss) _____

Emotional Loss _____

Vocational Loss _____

Relational Loss _____

Educational Loss _____

Loss of Culture (Have to give up familiar customs) _____

Loss of Roots due to Moving (Rootedness Loss) _____